

**Lynhaven School**  
**Fourth Grade Suggested Daily Schedule**  
**Week of 3/30-4/3**

**As a reminder, it is not mandatory for students to follow this schedule. These are just ideas and you are welcome to modify according to your child's needs.**

CUSD schools will close from March 16-April 10th due to concerns associated with the COVID virus. We wanted to make resources available for families so that the learning can continue at home during this time. Below please find a suggested schedule to establish a routine with your child/children and suggested instructional activities that you can ask your child to do throughout this week. We will provide you with additional resources on a weekly basis.

**Suggested DAILY SCHEDULE for 4th Grade**

Time	Activity
8am - 8:30am	<b>Start your day</b> by eating breakfast. Be ready to have an awesome day! (And yes, change out of PJs :)
8:30am - 9:40am	<b>English-Language Arts/Reading Activities:</b> Choose one of the activities for the week from the Activities list below.
9:40am - 10am	<b>Break Time!</b> Try GoNoodle, board games, or puzzles. Get that heart pumping with a jump rope!
10am - 10:30 am	<b>Math Activities:</b> Choose one of the math activities from the list below.
10:30am - 11am	<b>Silent reading:</b> Curl up with a favorite book or magazine. Here is a great list of titles that you might want to get your hands on: <a href="http://www.ala.org/alsc/sites/ala.org.alsc/files/content/compubs/booklists/summer/alsc-2019-summer-reading-list-grades3-5.pdf">http://www.ala.org/alsc/sites/ala.org.alsc/files/content/compubs/booklists/summer/alsc-2019-summer-reading-list-grades3-5.pdf</a>

11am - 11:20am	<b>Break Time!</b> Try to get that heart pumping again! <a href="https://brain-breaks.com/PE-on-YouTube">https://brain-breaks.com/PE on YouTube</a>
11:20am - 11:40am	<b>Khan Academy Grammar:</b> <a href="https://www.khanacademy.org/humanities/grammar">https://www.khanacademy.org/humanities/grammar</a> Recommend starting by taking the course challenge a few times to figure out what you know and don't know.
11:40 am - 12pm	<b>*Journaling/Writing:</b> Choose one of the writing activities from the list below.  <b>*This week's writing prompt ideas:</b> What makes you laugh? What was your favorite summer vacation? Why? Write about a time you gave something of yours to someone who needed it? What did you do? Do you think schools should give homework? Why or why not?
12pm - 1pm	<b>Lunch</b> - Listen to an educational podcast! Try <a href="#">Brains On!</a> If you like science, <a href="#">Forever Ago</a> if you like history, or <a href="#">Story Pirates</a> to hear funny stories written by kids.
1pm-2pm	<b>Enrichment: Science/History-Social Studies/Computer Skills</b> <a href="#">Code.org Express course</a> (block based for beginners). <a href="#">Hour of Code activities</a> <a href="#">Khan Academy computer programming</a> , (text based for beginners to intermediate) Programming computers is far more fun and creative than you probably ever imagined. Both these resources start by creating fun cartoons and animations and work your way up to creating fun games that your friends can play.  <b>Keyboarding Practice:</b> *Typing Club (login through Clever) *Dance Mat Typing: <a href="https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr">https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr</a> *Nitrotype

	<b>Art:</b> <a href="https://artprojectsforkids.org/category/view-by-grade/4th-grade/">https://artprojectsforkids.org/category/view-by-grade/4th-grade/</a>
<b>2pm-8pm</b>	<b>After School Activities:</b> Spend time with your family/siblings, crafting activities (build or create something from items around the house), cooking, household chores, help your parents with one task around the house
<b>8-9pm</b>	<b>Bedtime!</b> Lights out, time to go to sleep so your brain can recharge.

- [link to Student Resources page](#)

### LINKS FOR THE ACTIVITIES

Content Area	Activity	Special Instructions
<b>English-Language Arts/Reading</b>	<ul style="list-style-type: none"> <li>• <b>iReady Reading Teacher Lessons</b></li> <li>• <b><a href="#">iReady printable packet</a></b></li> <li>• <b><a href="#">Epic:</a></b> (Use your teacher's class code) <ul style="list-style-type: none"> <li>○ Mr. Tamekuni: awn2138</li> <li>○ Ms. Gomez-Garcia: emq7579</li> <li>○ Ms. Pineda: jiv2539</li> <li>○ Mr. Cronin: sku9181</li> <li>○ Ms. Johnson iyn2611</li> </ul> </li> <li>• <b><a href="#">Santa Clara Library</a></b> (Follow the instruction that was sent in the previous Seesaw message.) Message your teacher if you need your child's student ID number.</li> <li>• <b><a href="#">Wonderpolis</a></b> - Read and explore the wonders of the world. It is an informational site that asks and answers interesting questions about the world.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>30 minutes per day, starting with assigned lessons</b></li> <li>• Read about a woman in history who has made an important contribution to science, technology, or the justice system. <ul style="list-style-type: none"> <li>○ <b><a href="#">Women in Science</a></b></li> </ul> </li> <li>• -You can choose a book from Epic or an ebook from the Santa Clara Library</li> </ul>

<b>Writing</b>	<ul style="list-style-type: none"> <li>• <a href="#">March Writing Prompts</a></li> <li>• <a href="#">Scholastic News (4th Grade)</a> <ul style="list-style-type: none"> <li>◦ code: bikestar8210</li> </ul> </li> <li>• <a href="#">Scholastic News (Daily Articles)</a></li> </ul>	<p>*Daily writing: Respond to one of the writing prompts in a journal or on a Google Doc.</p> <p>*Read the most current issue of Scholastic News. Watch the videos and do the activities.</p> <p>*Complete daily reading activities and write your thoughts/ opinion about each of the news articles you read.</p>
<b>Math</b>	<ul style="list-style-type: none"> <li>• Bridges and Number Corner math workbooks (one page per book each day)</li> <li>• <a href="#">Bridges Online Resources</a> <ul style="list-style-type: none"> <li>◦ Make sure to click on Grade 4</li> </ul> </li> <li>• <a href="#">iReady Math Lessons</a></li> <li>• <a href="#">iReady printable packet</a></li> <li>• Khan Academy: <a href="https://www.khanacademy.org/math/cc-fourth-grade-math">https://www.khanacademy.org/math/cc-fourth-grade-math</a></li> </ul>	<p>*1 page per day, <b>if you have the books</b></p> <p>*30 minutes per day, starting with the assigned lessons</p> <p>*You'll see that if you are able to put in at least a solid 30 minutes a day of math practice and keep leveling up skills, you'll see big gains and, most importantly, really see the world in new and exciting ways!</p>
<b>Science</b>	<ul style="list-style-type: none"> <li>• Mystery Science <ul style="list-style-type: none"> <li>◦ <a href="#">Earthquakes</a></li> <li>◦ <a href="#">Lava</a></li> <li>◦ <a href="#">Volcano</a></li> <li>◦ <a href="#">Bones</a></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Choose a Mystery Science video to watch</li> </ul>

	<ul style="list-style-type: none"> <li>○ <a href="#">Germes</a></li> <li>○ <a href="#">Sanitizer</a></li> </ul> <ul style="list-style-type: none"> <li>● Benchmark Advanced Science Reading</li> <li>● <a href="#">20 Virtual Field Trips to Take with Your Kids</a></li> <li>● <a href="https://virtualschoolactivities.com/">https://virtualschoolactivities.com/</a></li> </ul>	<ul style="list-style-type: none"> <li>● Choose a 4th grade Science book to listen to. Type notes on the side.</li> <li>● Choose a location to take and take a virtual tour. Would you recommend this field trip to other classmates? Why/why not? Share your reasons on Seesaw!</li> </ul>
<b>History-Social Studies</b>	<ul style="list-style-type: none"> <li>● <a href="#">CNN 10</a></li> <li>● American History Museum: <a href="https://www.amnh.org/explore/ology">https://www.amnh.org/explore/ology</a></li> <li>● Natural History Museum: <a href="https://naturalhistory.si.edu/education/distance-learning/smithsonian-science-how-webcast-archives">https://naturalhistory.si.edu/education/distance-learning/smithsonian-science-how-webcast-archives</a></li> <li>● California History Website: <a href="https://sites.google.com/site/cahistoryforkidsgr4">https://sites.google.com/site/cahistoryforkidsgr4</a></li> </ul>	<ul style="list-style-type: none"> <li>● CNN10- each day watch that new link. Write a fact, opinion and wonder for each new day and post it on seesaw.</li> </ul>