

Lynhaven School

First Grade Resource Outline

Week of 3/23-27/2020

CUSD schools will close from March 16-April 10th due to concerns associated with the COVID virus. We wanted to make resources available for families so that the learning can continue at home during this time. Below please find a suggested schedule to establish a routine with your child/children and suggested instructional activities that you can ask your child to do throughout this week. We will provide you with additional resources on a weekly basis.

Suggested Schedule to Establish Routines

8:00: Wake up & breakfast
 10:00-11:30: Academic Time
 11:30-12:30: Creative Time (Perhaps with no technology)
 12:30-2:00: Lunch/Free time
 2:00-3:30: Academic Time
 3:30-4:30: Physical Activity
 4:30-5:30: Household Chores

Activities for the Week

Content Area	Activity	Special Instructions
Reading	<ul style="list-style-type: none"> iReady Reading (20 minutes per day) Read a book of your choice and illustrate your favorite part Raz Kids/Epic Sound-Spelling BINGO* <p>Additional Reading Resources</p> <ul style="list-style-type: none"> Phonological Awareness <ul style="list-style-type: none"> Phonological awareness word play Phonological Awareness Activities 	<p>* 5 BINGO Games are provided. Please select which option best fits your child's learning needs. Included are the parent directions and student game cards which include the playing cards.</p>
Writing	<ul style="list-style-type: none"> March Writing Prompts Informational graphic organizer* 	<p>*As students read nonfiction texts. Please have your child use the graphic organizer to write what they learned about the topic. Have your child illustrate the most interesting fact they learned to go along with their informational writing.</p>
Math	<ul style="list-style-type: none"> Number Corner workbook (one page per day) 	

	<ul style="list-style-type: none"> • iReady Math (20 minutes Daily) • Starfall 	
Science	<ul style="list-style-type: none"> • Scholastic News • Mystery Doug 	Let your teacher know via Seesaw what you learned.
Social Studies	<ul style="list-style-type: none"> • Scholastic News • NewsELA 	
Enrichment	<ul style="list-style-type: none"> • Lunch Doodles with Mo 	Join Mo Willems, author of Elephant and Piggie to learn to draw a character, hear about what it's like to be an author and illustrator, and have some fun. You could even write your own version of one of his books.
Physical Education/ Social Emotional Learning (SEL)	<ul style="list-style-type: none"> • Go Noodle • Riding bikes • Taking a walk going on a hike 	

If there is something that you like from the chart below, feel free to complete any of the suggested activities.

English Language Arts	<ul style="list-style-type: none"> • Independent reading recommended 15 minutes per day • iReady printable packets: Reading/Writing • Starfall Literacy Online Activities • Listen to stories read aloud- Discuss vocabulary and ask questions as you read <ul style="list-style-type: none"> ◦ https://www.storylineonline.net/ ◦ Parents or siblings ◦ Ready Rosie videos (how-to) • Phonological awareness word play • Learn a new poem, song, or rhyme • Reading Rockets: Reading Adventure Packs • Khan Academy Kids (App) • Book Creator • Writing <ul style="list-style-type: none"> ◦ journal ◦ letter to a friend or family member ◦ writing related to math, science, etc. (e.g. nature observation, explanation of a math solution) • Games that spark conversation <ul style="list-style-type: none"> ◦ Ideas to get started • Scholastic learn at home integrated resources
Math	<ul style="list-style-type: none"> • Khan Academy Lessons on Addition and Subtraction • iReady Printable Math packets • Grade level math and game packets

	<ul style="list-style-type: none"> • Khan Academy Kids (App) • Prodigy • Youcubed Tasks (filter by grade level) • Hands-on activities <ul style="list-style-type: none"> ◦ Building a Strong Mathematical Foundation at Home ◦ Build puzzles and play games ◦ Math games <ul style="list-style-type: none"> ■ CUSD Elementary Math Games Card Deck ◦ Support Math with Materials in Your Home • Math Snacks In English and En Español
Science	<ul style="list-style-type: none"> • National Geographic Kids Science Labs • Scientific drawing and models • Making observations and recording them in a Notebook • PBS Learning Media Science • NASA Kids Club • Exploratorium Science Snacks • RAFT Activity Resources • At Home Science Experiments • Mystery Science Printables • PEEP Family Science in English or Spanish • Mystery Science best at home lessons
Physical Education	<ul style="list-style-type: none"> • https://openphysed.org/
Enrichment Areas	<ul style="list-style-type: none"> • Wonderopolis • Google Expeditions • Coding: <ul style="list-style-type: none"> ◦ Scratch Jr. • Digital Citizenship: <ul style="list-style-type: none"> ◦ Common Sense Media ◦ Be Internet Awesome
English Language Development - Standards	<ul style="list-style-type: none"> • Colorin Colorado • Duolingo • Six Insights for Parents/Caregivers with English Language Learners • Read to your child daily • Use pictures and ask your child to tell you what they see in the picture or what is happening in the picture. • ELPAC Practice Tests